

# 2011 Dearborn Summer Programs

Celebrating our 10th Year Anniversary

Enjoy our Low Cost Programs

## Premier Summer Basketball League

HYPE Athletics Premiere Summer Basketball league offers 8 regular season games, full game uniforms, 1 guaranteed playoff game, as well as an awards ceremony and all star game for all players. Boy and girls will be separate. Teams will be divided to 8 players per team.

Boys Ages 6-14

Girls Ages 8-14

Location: Riverside Academy

(7124 Miller Rd. Dearborn, MI 48126)

Dates: June 20- July 29

Cost: \$150 per Child

## 7 vs 7 Elite Soccer League

Our Elite Soccer League includes practices and games every Monday, Wednesday, and Friday along with a two day fundamentals training clinic and a full game uniform. The full game uniform includes shorts, jerseys and socks. Teams will be divided up by 10-12 players per team including goalies.

Boys and Girls Ages 6 - 14

Location: Ford Community and Performing Arts Center

Dates: June 27- August 1

Monday-Wednesday-Friday

Time 9am-12pm OR 12pm-3pm

Cost: \$125

## Dream Team Soccer Training Camp

The Dream Team Soccer Training Camp will offer top of the line training in all aspects of the game of soccer. Participants will need indoor, outdoor shoes and shin guards. This camp includes free t-shirts, one drink and snack per day, and a pizza party upon completion.

Boys and Girls Ages (6-14)

Locations: Ford Community and Performing Arts Center

Dates: June 20-24 (Monday-Friday)

Time: 9am-12pm

Cost: \$50

## HYPE Youth Football Camp

Our Youth Football Camp will include top instructional staff which will include coaching on offensive and defensive drills, running form and flexibility, motivational speeches, and nutrition and diet guidance to keep the participants performing at their peaks. There will be no contact at this camp.

Boys Ages 8 - 14

Where: Ford Community and Performing Arts Center

Dates: June 20-June 24

Times: 1pm - 4pm

Cost \$50

## HYPE Get Fit Youth Camp

### **NEW ME**

#### **Nutrition, Exercise, Weight Management Effort**

This new initiative powered by HYPE Athletics offers exercise programs, and Youth/Parent Health Seminars. This will be a great way to stay healthy, active, and informed on ways to manage your diet and exercise.

Program designed for children ages 6 - 17

Where: Ford Community and Performing Arts Center

Dates: June 20-July 29 (Monday-Wednesday-Friday)

Time: 10am-12pm

Cost: Free for all

## Elite Baseball Training Camp

This top quality camp will have instructors that have over 25 years of playing, training, and coaching experience. The HYPE staff will demonstrate the importance of fundamentals during the game. We will improve the overall skill and knowledge of the game. This camp will include a free hat, t-shirt, snack and drink per day, and a pizza party upon completion.

Boys Ages 8 - 14

Where: Ford Community and Performing Arts Center

Dates: July 11-July 15 (Mon- Fri)

Times 9am - 12pm

Cost: \$50

## Elite Speed and Agility Training

The specific training will focus on developing a well rounded and dynamic athlete. The intention is to create an explosive athlete that will reach their full potential in each sport he or she participates. This division of H.Y.P.E specializes in dynamic flexibility, stability and balance, coordination, speed mechanics and development, agility, plyometrics, core strength training, and conditioning.

Boys and Girls Ages 10-17

Location: Ford community and Performing Arts Center

Dates: July 11-July 29 (Monday-Wednesday-Friday)

Time: 10am-12pm

Cost: One week \$30, Two weeks \$60, Three Weeks \$90