

# Programs

# BULLYING

# Stop the bull!

- What bullying is, why it happens and who it affects
- Understand the true impact of our actions
- Learn ways to overcome pain and hurt
- Experience the importance of best friends
- Gain the courage to do and say what's right

# DIVERSITY

### **Everyone is unique!**

- See people for their heart and who they are
- Learn to appreciate the difference of others
- Strive for the desire to include all human beings
- Encounter peace, love and compassion firsthand
- Embrace it and grow, or resist it and struggle

# LEADERSHIP

### The leader in you!

- A new look at what success means to you
- Master the ability of responsible goal setting
- Feel your fears and know your power over them
- Realize your full potential and begin to step into it
- Be the change you wish to see for the world

# **POSITIVE LIFE CHOICES**

### Make the right choice!

- Everything is a choice and has a consequence
- How you respond to life is how you are defined
- 4 You are the sum total of your decisions
- Change your angle of vision to see the good
- Develop a new and positive perspective on life



# Bullying

#### Hook:

It's up 2 us all, 2 put a stop 2 the Bull In the classroom halls, n' within these walls I want 2 go 2 a school, no matter the grade, I feel Safe, I feel Loved, n' Celebrated!

#### V1:

So I gotta put myself in the other person's shoes 'Cause what I say might hurt n' stay stuck like glue! On the other person's heart n' that's just not nice I have 2 stand up 4 what I know is right When I see someone get bullied I'll think of this rap and Tell them 2 stop, do what I can 2 take action If they don't then I have 2 go n' get some help! From an adult or a teacher, it's okay 2 tell



#### Hook 1X

#### **Outro (Repeat):**

So starting right now I'm going 2 make a pledge 2 treat everyone like I treat my Best Friend Yeah, now is the time, n' today is the day! Let's put a stop 2 the Bullying, **NO MORE PAIN!** 

N' just rock wit' it... <sup>(1)</sup> Thanks 4 touchin' my heart! Peace In, 'Mr. <sup>(1)</sup>







# Diversity

#### Intro:

Yeah, uh, look, yeah, just turn it up! We have 2 value...We have 2 Hug! Everybody, so show some Love! 2 one another, yeah, ha, that's right, our Sisters n' our Brothers! N' Change our Habits so that we See...Peeps 4 who they r, he or she,

#### Hook:

So (Insert School Name here), hey, here is the Deal! D-I-V-E-R-S-I-T-Y! Have 2 respect what's on the Out-Side, So do it **PLEASE!** 'Cuz we're all Human Beings! Here at (Insert School Name here), We Appreciate the Dignity, Of Everyone! Yeah, **DIVERSITY IS FUN!** ©

#### V1:

It's also Important, n' it's Cool, Yo, it's what brings Life 2 our School! We have 2 open our hearts, yeah, we must! 2 others who r different than us 'Cuz sometimes our Closed Minds, they Bend, N' Shield us from meeting New Friends! Just becuz' we only look at Skin, Color n' don't care about what's Within But no matter who u r or how u Look, We just need 2 pay Attention 2 this Hook!

#### Hook (Repeat 2X)

N' just rock wit' it...if ur Asian, Indian, Caucasian, Hispanic, African American, whatever ur Persuasion! Peace In, 'Mr. ()











# Leadership

#### Intro:

Be your Best Self, be your Best Self, be your Best Self...N' Never Nothin' Else! Be your Best Self, be your Best Self, be your Best Self, N' Never Nothin' Else! (Ay!)

#### Hook (1X):

Our Absolute Best, N' Never Nothin' Less! Is What We Gotta Give, With Each N' Every Breath! That We Take, Each N' Every day! 2 Make our School a Better Place! In Each N' Every Way!

#### V1:

Our Absolute Best, yeah, that's what we gotta do, 2 know if we fail, it doesn't reflect who, We really are, 'cuz we're bright n' shinin' stars, N' if we never give up, then we're gonna go far! (**Hey!**) If ur cut from a team, or get a problem wrong, You need 2 keep on going, listen 2 this song, Sing along while takin' lessons from some geese, 'Cuz we do things so much better when we're in a Flyin' V (**Yo!**), We lead together n' encourage those we meet, Socially, Emotionally n' Academically, With all our Clubs n' Teams, n' our Friends n' Family, Now We Strive 2 be our Best, yeah, the Best that We Can Be! (**Uh!**)



#### Hook 2X

#### **Outro:**

So do ur best, give ur best effort & great things in your life will follow...the accomplishments, the friendships, everything! N' don't worry if you fail here & there, we all do it. The opposite of success isn't failure, it's giving up! Just make sure you learn from your Actions & keep an open mind n' heart. You're a natural born leader, kid, so always maintain that Spirit 2 Learn & Grow. The temptation 2 quit will be greatest right b4 ur about 2 succeed...So Never Give Up!

Much Love! Peace In, It's 'Mr. ⊕'...UH!





# Positive Life Choices

#### Intro:

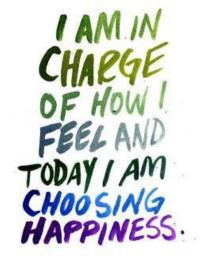
Substance Abuse, they're all Real Issues...But they're not the *Real* Issues... They're only Symptoms, or Byproducts, of people in pain, feeling bored or alone... Let's do something about it! Let's choose a better path!

#### Hook:

N' I always know, n' I always know, something's wrong, Every time I read a status update on my phone, Sayin' that "I'm Bored n' Feelin' So Alone!" Please know can always choose a better way 2 cope!

#### V1:

Ur feelin' down, u wanna fill voids, Take the hurt away at any cost You'll do anything 2 avoid, Like numb ur brain 'til it's Criss-Crossed, So u look 4 a quick fix, Even tho u know when it fades, That despair will still be there, N' the wound lookin' u right in ur face, So then, what's the remedy? N' how do u start 2 heal? How 'bout a lil' Positivity? N' doin' somethin' that makes u feel? That means puttin' pill bottles down, Remove the needles from our arms, N' stop drinkin' 'til we can't see. In order 2 turn our whole life around!



#### Hook 1X

**Outro:** So pledge 2 make the right choices n' decisions because we know everything is a choice! It's the beauty of life, but also the tragedy. One decision can be your last, but don't let that happen. You're too precious, too amazing, too much of a miracle 4 this planet 2 burn out too quickly. So let a new Meaning n' Purpose reign in your lives, from pursuin' our passions...That's word! Peace In, 'Mr.  $\oplus$ ' I Love U N' Care About U!





